

# January 2022 Monthly Worksheet

The Sun SHINES A LIGHT. What houses will the Sun travel through in your chart, and what areas of life will a light be shined on?

**THE SUN:**  
starts @ 9 deg Capricorn  
enters Aquarius Jan 19th  
ends @ 11 deg Aquarius

Mercury brings MENTAL FOCUS & IDEAS. What houses will Mercury travel through in your chart, and what areas of life get your mental focus & new ideas? Retrograde, Mercury brings MISCOMMUNICATIONS & LACK OF FOCUS. How can you manage?

**MERCURY:**  
starts @28 deg Capricorn  
enters Aquarius Jan 2nd  
starts retrograde Jan 14th  
enters Capricorn Jan 25th  
ends @ 25 deg Capricorn,  
retrograde

Venus brings PLEASANT energy, and we can benefit from OTHER PEOPLE. What houses will Venus travel through in your chart, and what areas of life get the easy energy and help from others? Retrograde, Venus makes for INDULGENCE & RELATIONSHIP ISSUES. How can you manage your relationships better and get moving?

**VENUS:**  
starts @ 23 deg Capricorn,  
retrograde  
ends retrograde Jan 19th @  
11 deg Capricorn  
ends @ 11 deg Capricorn

Mars is ENERGY & DRIVE. What houses will Mars travel through in your chart, and what areas of life get extra energy and drive?

**MARS:**  
starts @ 12 deg Sagittarius  
enters Capricorn Jan 24th  
ends @ 4 deg Capricorn

# New & Full Moons for January 2022:

## New Moon on January 2nd 12 deg 20 min Capricorn

Aspects are 10 degrees 20 minutes - 14 degrees 20 minutes of:

- Conjunction: Capricorn
- Sextile: Scorpio or Pisces
- Square: Aries or Libra
- Trine: Taurus or Virgo
- Opposition: Cancer

House the New Moon occurs in & aspects:

Potential impact:

## Full Moon on January 17th 27 deg 51 min Cancer

Aspects are 25 degrees 51 minutes - 29 degrees 51 minutes of:

- Conjunction: Cancer
- Sextile: Taurus or Virgo
- Square: Aries or Libra
- Trine: Scorpio or Pisces
- Opposition: Capricorn

House the Full Moon occurs in & aspects:

Potential impact:

# January 2022 Jupiter & Saturn:

## **JUPITER: 0-7 deg Pisces**

Jupiter is the planet of EXPANSION. Conjunctions expand a LOT, sextiles and trines expand more easily, squares may expand frustration, and oppositions can expand to the nth degree.

**Aspects are 0-7 degrees of:**

**Conjunction: Pisces**

**Sextile: Taurus or Capricorn**

**Square: Gemini or Sagittarius**

**Trine: Cancer or Scorpio**

**Opposition: Virgo**

What are your Jupiter aspects for the month, and how may you experience expansion?

## **SATURN: 11-15 deg Aquarius**

Saturn energy RESTRICTS, and he rules RESPONSIBILITY, GOALS, AND DISCIPLINE. Conjunctions bring super restriction, sextiles and trines are easy focus, squares are internal difficulties, and oppositions are external issues.

**Aspects are 11-15 degrees of:**

**Conjunction: Aquarius**

**Sextile: Aries or Sagittarius**

**Square: Taurus or Scorpio**

**Trine: Gemini or Libra**

**Opposition: Leo**

What are your Saturn aspects for the month, and how may you experience restriction?

# January 2022 Outer Planets:

## URANUS: 10 DEGREES TAURUS, RETROGRADE

Uranus is the planet of CHANGE. Conjunctions bring major change, sextiles and trines bring easy change, squares bring restlessness, and oppositions bring external forces.

**Aspects are 10 degrees of:**

**Conjunction: Taurus**

**Sextile: Cancer or Pisces**

**Square: Leo or Aquarius**

**Trine: Virgo or Capricorn**

**Opposition: Scorpio**

Note that you may also feel aspects with planets or points at 8, 9, 11, or 12 degrees.

### Uranus aspects and potential impact:

\*Note that Uranus retrograde ends on January 18th so aspects may be felt strongest around then.

### Neptune aspects and potential impact:

## NEPTUNE: 20-21 DEGREES PISCES

Neptune energy DISSOLVES and makes things HAZY. Conjunctions can be very foggy, sextiles and trines can be creative and imaginative, squares can make you vulnerable, and oppositions can take things away.

**Aspects are 20-21 degrees of:**

**Conjunction: Pisces**

**Sextile: Taurus or Capricorn**

**Square: Gemini or Sagittarius**

**Trine: Cancer or Scorpio**

**Opposition: Virgo**

Note that you may also feel aspects with planets or points at 18, 19, 22, or 23 degrees.

## PLUTO: 25-26 DEGREES CAPRICORN

Pluto TRANSFORMS. Conjunctions can bring total transformations, sextiles and trines gives you control and power, squares can be unsettling and deep change, and oppositions can be opposition out of your control.

**Aspects are 25-26 degrees of:**

**Conjunction: Capricorn**

**Sextile: Scorpio or Pisces**

**Square: Aries or Libra**

**Trine: Taurus or Virgo**

**Opposition: Cancer**

Note that you may also feel aspects with planets or points at 23, 24, 27, or 28 degrees.

### Pluto aspects and potential impact:

## Extra: Mercury Retrograde

Our first Mercury retrograde for 2022 kicks off on January 14th, and this one starts in Aquarius and moves into Capricorn January 25th until the end (February 3rd).

In Aquarius, we may be extra restless and impulsive, impatient and rash, and with Saturn in Aquarius, there can be consequences for that.

In Capricorn, we may feel extra restricted and overwhelmed by everything, and with Pluto in Capricorn, this can bring out what's hidden below the surface. This is strong at the end since the retrograde ends conjunct (aligned with) Pluto (exact January 28th).

Venus is retrograde as well in Capricorn until January 28th, and Uranus is retrograde in Taurus until January 18th. Usually when we start a new year, we're focused on moving forward, but 2022 probably starts with us looking back.

Starts at 10 degrees

Aquarius. Aspects are 7-13 degrees of:

Aquarius (conjunction)  
Aries or Sagittarius (sextile)  
Taurus or Scorpio (square)  
Gemini or Libra (trine)  
Leo (opposition)

Ends at 24 degrees

Capricorn. Aspects are 21-27 degrees of:

Capricorn (conjunction)  
Scorpio or Pisces (sextile)  
Aries or Libra (square)  
Taurus or Virgo (trine)  
Cancer (opposition)

What does this retrograde impact in your natal chart? How can you manage impatience? What can you channel passionate energy into? What can you change? What may you need to reflect back on? Brainstorm: